





Our HIPAA Best Practices Checklist was developed based on our years of experience with HIPAA compliance standards and requirements. This is not a substitute for a full risk assessment, but it's a starting point and basic guide for analyzing your practice's security.


HIPAA Best Practices Checklist


-  There is a signed Business Associate Agreement from all entities that log into your systems.
-  Operating systems are up to date and supported with a system in place for patching, monitoring, and reporting.
-  The practice uses unique user names and passwords.
-  Passwords auto-expire and all passwords are changed on a regular basis.
-  All passwords are changed and user accounts are removed when an employee leaves the practice.
-  The server has whole disc encryption software in place.
-  The dental office has a current process for backing up data locally and offsite which is encrypted and secure.
-  The external USB backup drive has been removed and an internal backup drive has been installed and encrypted.
-  A firewall has been installed and the security software is up to date.


10  The WiFi has been configured with WPA-2 security and there are two bands of WiFi (private & public) if patients are allowed to use WiFi in the office.


11  There is a service in place to prevent malicious data encryption by all forms of ransomware.


12  The office has up to date end point protection, and it is being monitored.


13  The office has folder redirection and roaming profiles to keep PHI off local machines.


14  The dental office uses a business-grade email system.


15  The office has encrypted email accounts for users who send PHI.

16  The dental office is not using the server as a workstation.

17  There is a secure process in place for employees who access data remotely.

18  The office has a process in place for properly recycling and destroying hard drives.

19  There is a written plan for emergency/disaster recovery, and the data is tested periodically.

20  The office has an annual risk assessment conducted.



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